

Welcome to your update from NHS East Riding of Yorkshire CCG! The update below is full of the latest news and events from the local NHS and our partners. Please feel free to forward this on to someone you know to help them access help or support.

Winter vaccinations

Vaccines are the best protection we have against dangerous viruses like flu and COVID-19.

Some people may be eligible for both the flu and the COVID-19 booster vaccines. If you are offered both vaccines, it's safe to have them at the same time.

Find out if you're eligible for these two essential vaccines now by visiting <https://nhs.uk/wintervaccinations>.

Campaign shows the consequences of abuse in Primary Care

A campaign has been launched to help tackle a rise in abusive behaviour towards healthcare workers in primary care across the Humber area.

The initiative is led by Humberside Group of Local Medical Committees Ltd (Humberside LMC) with the support of the Clinical Commissioning Groups in Hull, East Riding of Yorkshire, and Northern Lincolnshire, and a range of partners who are standing together to say that abuse of primary care workers in any role will not be tolerated.

[Click here to read more about this campaign.](#)

CCG News - September 2021

The latest edition of our newsletter has been published on our website. Please [click here to view](#).

This edition features:

- An introduction to Integrated Care Systems
- Holderness Health GP practice presented with framed plaques
- An invitation to our virtual Annual General Meeting
- Research project to focus on lung cancer in coastal communities

Volunteers across Hull and East Riding praised for their invaluable contribution to the vaccination rollout

HEY Smile Foundation volunteers across Hull and East Riding of Yorkshire are being praised for their invaluable contribution to the COVID-19 vaccination roll-out.

Over 380,000 people have been double vaccinated throughout Hull and East Riding and health bosses say that none of this would have been possible without those volunteers who have given up thousands of hours of their own time to assist GPs and practice staff to get people the lifesaving COVID-19 jab.

[Click here to read more on our website.](#)

East Riding of Yorkshire COVID-19 vaccination bus a success

The vaccine roll-out throughout East Riding of Yorkshire has been very successful, with 90% of people receiving their first and 84% their second. This is due, not only to the number of vaccination clinics throughout the large geographical area, but also the health and wellbeing bus that is touring East Riding of Yorkshire, offering the lowest-vaccinated areas in the region easier access to COVID-19 vaccine.

The bus, kindly donated converted, customised and branded by East Yorkshire Buses has so far carried out over 60 site visits at places where it hasn't been possible to have a dedicated vaccination clinic.

[Click here to read more on our website.](#)

North Lincolnshire and Goole NHS Foundation Trust seeking a new Trust Governor

Do you want to help improve and develop local hospital and community services?

North Lincolnshire and Goole NHS Foundation Trust (NLaG) are looking for people who want to help shape services for the next generation and beyond. They have just started an exciting £130million capital funding programme to overhaul their estate and the facilities on offer to patients and they are ambitious to do more. They are working on a programme to change clinical services and to secure, hopefully, significant investment to further improve their estate and buildings.

NLaG provide acute hospital services and community services to a population of more than 450,000 people across a wide geographical area which includes North and North East Lincolnshire, East Riding of Yorkshire and West and East Lindsey. They are a Foundation Trust, which means they have members and Governors at the heart of what they do and how they do it. They're in the process of recruiting new Governors and this is where you come in. By becoming a Governor you can represent your local constituency acting as a link between patients, the public and our Board of Directors. The nominations deadline is Wednesday 29 September 2021.

To find out more about the governor role, the election process and ask any questions you may have, please call the Membership Office on (03033) 302852 or via email at nlg-tr.foundationtrustoffice@nhs.net.

Humber Acute Services newsletter

[Please click here](#) to read the latest Humber Acute Services partner newsletter.

Winter Vaccination programme - Building Vaccine confidence webinar

Building on the success of the Covid-19 Vaccination Webinar workshops responding to Vaccine Hesitancy, we have commissioned a similar workshop, initially with a flu focus but also built around the new Winter Vaccinations campaign which includes Covid-19. This is aimed at trusted community champions who are already embedded in our communities as well as those who are in non-clinical public/patient facing roles building on every contact counts, especially where flu vaccination uptake has been low, for example in areas of high deprivation, ethnic minority groups, 2&3 year olds and those in at risk categories.

Concept and Objectives

There is some concern that due to low flu circulation and potential opinion that Covid-19 vaccination is more important, uptake of flu vaccination may not be as good as previous years. In addition, there is an added need to address the inequalities in uptake of flu vaccination seen in previous years which has been further exacerbated by the pandemic.

Vaccine hesitancy amongst some eligible populations can present a risk to population health and more often negatively impact some of our poorest communities and/or risk groups. Our conversations our powerful, therefore the provision of skills training that uses the principles of Making Every Contact Count (MECC) and Motivation Interviewing (MI) is an important skill that can be utilised to combat disinformation and myths and whilst providing the necessary reassurance and confidence in what is a safe and effective vaccine.

The skills training covers:

- How can we work together to build vaccine confidence, what we know and how this links to health inequality
- Core skills and processes (OARS, Evoke-Provide-Evoke, Decisional Balance, and the 3As)
- Skills practice – Building confidence in the vaccine
- Resources that staff can use to respond to questions and concerns

The session will be interactive and include modelled conversations that showcase the core skills and processes being used. The application of this work can be far-reaching. Although this is focused on Flu Vaccinations, these skills can be utilised for childhood immunisations, Covid vaccine, cancer screening and other health-promoting activities

This provision has been funded by NHSEI as part of the Yorkshire & Humber Flu

Programme and will be delivered in partnership with PHE Y&H. Each workshop can cater for 30 people and lasts for 2 hours, dates available from the 4 – 15 October.

[Click here](#) for further information and booking links.

Cancer ‘Reg Flag’ roadshows for people with Learning Disabilities

Over the next few months, [People First Merseyside](#) will be delivering peer led training for people with learning disabilities (and their families and carers) across the Humber, Coast and Vale region.

The free training sessions, which have been co-produced by people with Learning Disabilities, are designed to raise awareness of how to have good lung health and teach the signs and symptoms of cancer within a fun and interactive environment. A full list of dates can be found at www.hvcanceralliance.org.uk.

Barton Inclusive Football Club set up new team

Barton Inclusive Football Club are setting up a new pan-disability team in Hull for people aged 15 and over.

Sessions take place on Fridays, 6 - 7pm, starting Friday 1 October 2021, at St Mary's College, Hull. It costs £3 per session. [Please register your interest by clicking here.](#)

Humber Children’s Palliative and End of Life Care workshops - for your consideration

The Humber Children’s Partnership is working collectively with the four Clinical Commissioning Groups (CCG’s) and Local Authorities in Hull, East Riding of Yorkshire, North East Lincolnshire and North Lincolnshire, and the providers of health and care services with a focus on improving children’s services across the Humber region.

This work aims to improve the experiences and outcomes for children and young people and their families. One of the projects is focusing on services that provide care and support to children and young people with Palliative and End of Life Care (PEoLC) needs and their families.

The Humber Children’s PEoLC Steering Group are inviting you to get involved in a series of 7 workshops that will focus on the needs of children, young people and their families based on their care journey from the point of diagnosis to bereavement support.

[Click here for details](#) of the workshops and how to book your place.

Suicide Prevention Community Research Survey

According to the Office for National Statistics, 5,691 suicides were registered in

England and Wales in 2019, which amounts to around one death by suicide every 90 minutes. Yorkshire and the Humber have the highest rates of suicide in both males and females across the country.

Local mental health charities Hull and East Yorkshire Mind and North East Lincolnshire Mind are passionate about supporting anyone experiencing poor mental health and are in the process of setting up a new suicide prevention service. This will be accessible to adults and young people living in Hull, East Riding and North East Lincolnshire and will help tackle this issue.

To help them identify what support this service should offer, they are conducting a piece of research including surveys, focus groups and 1-1 interviews. They are inviting all adults and young people (aged from 14 years+) living in Hull, East Riding or North East Lincolnshire to take part.

Due to the sensitive nature of the topic, you may find some of the questions distressing. There is support available if you do feel upset or distressed and contact details are provided at the end of the survey. The survey is completely confidential.

[Complete the survey here.](#)

Climate Lunch and Learn Event 10 – 1 October 2021, 12.30pm

In partnership with West Yorkshire and Harrogate Healthcare Partnership, the Humber, Coast and Vale Health and Care Partnership is hosting Climate Lunch and Learn events, a series of hour-long sessions to address the Climate Change challenges we face and the impact these will have on our healthcare system, as well as the population we serve. The sessions will take place on alternate Fridays via Microsoft Teams and will look at climate change, anaesthetic gases, meter dose inhalers, floods and climate adaptation, health inequalities, food and the impact of diet, PPE, procurement, biodiversity as well the impact on mental health, digital, waste and travel. Speakers and attendees will explore the impact that healthcare has across the world and the impact that climate change will have on healthcare into the future.

The tenth session is on **Friday 1 October** at 12.30-1.30pm. The title is: Climate Change Adaptation Planning.

In the past few years, the north of England has already experienced extreme weather leading to drought, floods, flash floods, moorland fires and sea level rise leading to erosion. Are we ready for climate change in the health system? What do we need to adapt to and how can we adapt? We will delve into the challenges we face for an uncertain future that will be brought by climate change.

You can register to join this session at <https://climatechangelunchlearn-10-011021.eventbrite.co.uk>.

Armed Forces Veterans special feature:

New campaign to support mental health for the armed forces community

A new regional campaign to support the mental health of Armed Forces personnel and their families in Hull and East Yorkshire has begun.

The campaign highlights the range of mental health services that are available across the region for any person who serves or has served in the Armed Forces, and their families. It encourages those who are concerned about or struggling with their mental health to access the support available.

[Click here for more information.](#)

Support for Veterans information

[Please see attached letter](#) from the Secretary of State for Health about offering support to veterans. It makes reference to a leaflet that outlines the mental health support available to veterans through Op COURAGE, [click here to view it](#). You can visit the [website](#) for more information on Op COURAGE.

Hull for Heroes launch new talking group

Local charity Hull for Heroes have launched a new talking group to help current and ex-servicemen with their mental health.

The GEO (Get Emotions Out) group was founded after former Yorkshire Regiment soldier and Hull resident George Ellis took his own life at 24 years old.

The group was set up in George's name to help serving and former service men talk amongst people who understand them. The group supports serving and ex-servicemen.

They will soon be launching their ladies group too. You can keep up with them on their [Facebook page](#).

The GEO men's group meets every Wednesday, 6pm, at Hull 4 Heroes offices, 7 Whitefriargate, Hull, HU1 2ER.

For all current involvement opportunities, you can [visit the East Riding CCG website](#).